



# Fall Protection for Roofing Operations

## General Requirements

### When is fall protection required?

#### Construction

- **6 feet** above lower level on construction sites
- **10 feet** above lower level on scaffolding
- **15 feet** above lower level for steel erection
- When steps are greater than **19 inches** tall

#### General Industry

- **4 feet** above lower level
- No fall protection required when tasks are “temporary and infrequent” – but best practice to use a fall protection system to reduce risk of serious injury or fatality

## Flat Roofs

Four methods for fall protection on flat roofs - slope less than 4 in 12 (vertical to horizontal):

### 1. Warning Lines

- Place them 6 feet from the roof edge for roofers only and 15 feet for all other trades.
- Must have stanchions that are 39-45 inches tall and capable of supporting a 16-pound tipping force.
- Must have flagging every 6 feet.
- The lines must never sag below 34 inches.
- The lines must have tensile strength of 500 pounds.
- Must have access path to a ladder regardless of location.

### 2. Guardrails

- Must be able to support a 200-pound force outward and downward.
- Each rail must be at least 1/4 inch thick (wood and cables). Cables must be flagged.
- Top rail must be 39-45 inches from working level.
- Skylights must always be protected – section them off or install a guardrail around them.
- Roof hatches must be closed or have guardrails.
- Other holes in walking/working surfaces must be covered, secured and labeled with “hole” or have guardrails.

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### 3. Personal Fall Protection System

- Ensure the full body harness is the proper size and rated capacity for the specific application.
- Follow the instructions on the equipment label for manufacturer recommended inspection requirements and length of service.
- For fall arrest, anchor points must support 5,000 pounds per employee attached.
- For fall restraint, anchor points must support two times the potential load.
- Tied off properly with 6 feet of freefall equals a fall distance of AT LEAST 16.5 feet.
- Do not work more than 45 degrees from center point in either direction.

#### Two types of Anchors

##### 1. Penetrating

Screw down anchor plates - must be installed in a suitable substrate such as 3/4 inch plywood, concrete or minimum 22-gauge metal decking.

##### 2. Non-Penetrating

Non-Penetrating Type	Estimated Cost	Description
Cross Arm Straps	\$30 - \$50	Can be made to any length but 3 feet and 6 feet are standard.
Hold-Me Anchor Device	\$30 - \$50	Lifeline connection point that allows the user to wrap a lifeline around a roof penetration and is safer than tying a knot.
Parapet Wall Anchors	\$300 - \$1000	Will fit most wall widths. Provides one-person tie-off.
Weighted Plate Anchor Systems	\$2,000 - \$3,000	Several weighed plates that create friction.
Bladder Anchors	\$2,000 - \$3,000	900-pound water bladder on rooftop.
Tie-Off Carts	\$4,000 - \$5,000	Must be placed 12-15 feet from roof edge and no more than 15 feet from the roof centerline in either direction to prevent swing fall.



### 4. Safety Monitoring System

- Must only be used on roofs less than 4 in 12.
- Can be used as the lone system when roofs are not as wide as 50 feet.
- Monitor must be a competent person with no other responsibilities and be easily identifiable.

### Sloped Roofs

Two Methods for Fall Protection on Sloped Roofs- greater than 4 in 12 (vertical to horizontal)

#### 1. Scaffolding

- Can be sole method of fall protection for 8 in 12 pitch and below.
- Over 8 in 12 pitch is considered an “uncontrolled” fall and must have another form of fall protection.
- Cannot be more than 14 inches from the face of building.

#### 2. Personal Fall Protection Systems

- Penetrating roof anchors.
- Mobile fall protection systems (\$3,000-\$5,000) - a ground-based system with a lifeline that goes up and over the roof peak to provide tie-off for up to six workers on the opposite slope.

### Rescue Plan

Implement a rescue plan that includes details about the method of rescue:

- Calling 911
- Using a ladder from ground
- Using a hoisting device made for tie-off carts
- Using a manufacturer’s rescue system